



BLUE LOTUS
INTEGRATIVE THERAPEUTICS

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PERSONAL TRAINING PRICES AND PLANS

- Price based on training at Blue Lotus Gym & Studio in person and online.
- Travel fee: \$1 per mile, minimum \$15 travel fee.

One on one - 60mins:

| Sessions | Price Per Session | Total Payment |
|----------------------------------------|-------------------|---------------|
| 1 Session | \$65 | \$65 |
| 4 Sessions, Once a Week for One Month | \$60 | \$240 |
| 8 Sessions, Twice a Week for One Month | \$55 | \$440 |
| 12 Sessions, 3x per Week for One Month | \$50 | \$600 |

2 people per session - 75mins:

| Sessions | Price Per Session | Total Per Person | Grand Total |
|----------------------------------------|-------------------|------------------|-------------|
| 1 Session | \$55 per person | \$55 per person | \$110 |
| 4 Sessions, Once a Week for One Month | \$50 per person | \$200 per person | \$400 |
| 8 Sessions, Twice a Week for One Month | \$45 per person | \$360 per person | \$720 |
| 12 Sessions, 3x per Week for One Month | \$40 per person | \$480 per person | \$960 |